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Learning Objectives

After completion of this exercise, the participant will be able to:

1. Compare various treatment options for patients with multiple congenitally missing teeth.
2. Describe the in-office fabrication of palatal expanders using computer-aided technology and three-dimensionally printed resin blocks.
3. Discuss the application of 3D-printing technology in producing clear aligners.
4. Contrast the modified C-implant with the original device.

Article 1

Bashir, R.; Azami, N.; Uribe, F.; and Safavi, K.E.: *A Biological Orthodontic Approach for Multiple Missing Teeth: Tooth Substitutions and Auto-transplantation* (pp. 436-445)

1. Transplanted teeth have been found to have about a 90% survival rate when the:
 - a) donor tooth's root development is 50-75% of its full size
 - b) anatomical conditions of the recipient site are favorable
 - c) extracted tooth is ankylosed or severely infraoccluded
 - d) periodontal ligament cells around the donor tooth are also transplanted
2. A premolar autotransplantation should ideally be performed when the patient:
 - a) is in the early mixed dentition
 - b) is around 12 years old
 - c) has all permanent teeth except third molars
 - d) has completed growth

3. Long-term studies of implant placement in the anterior mandibular arch have noted inadequate esthetic results due to:

- a) metal visibility
- b) gray discoloration of the gingiva
- c) occlusal discrepancies
- d) both a and b

4. Maintaining an ankylosed deciduous tooth without its permanent successor can result in:

- a) a narrow and resorbed alveolar ridge
- b) infraocclusion due to continuous eruption
- c) vertical bone defects in the adjacent teeth
- d) any of the above

Article 2

Lee, K.C.; Yoon, T.R.; and Choi, S.: *In-Office Fabrication of Palatal Expanders Using 3D-Printed Resin Blocks* (pp. 446-449)

5. The software used to design this device is:
 - a) Materialise 3-matic
 - b) OrthoCAD
 - c) Rhinoceros
 - d) Dental Wings
6. The toothborne portion of the appliance:
 - a) is bonded to the lingual surfaces of the upper premolars and first molars
 - b) includes 3D-printed resin blocks
 - c) is customized to avoid occlusal interferences
 - d) all of the above
7. Patient instructions should emphasize:
 - a) the need to remove the toothborne portion for regular cleaning
 - b) the importance of removing food debris from around the appliance

- c) the potential need for long-term retention
 - d) both a and c
8. Unlike previously published approaches that require direct metal printing, this device uses:
- a) a laser-sintering process
 - b) an additive manufacturing technique
 - c) a conventional Hyrax expansion screw
 - d) a resin expansion screw

Article 3

Kim, K.B. and Graf, S.: *Direct Printing of Clear Aligners* (pp. 450-458)

9. Tera Harz TC-85 is a:
- a) polypropylene polymer
 - b) polymethyl methacrylate
 - c) thermoplastic shape-memory polymer
 - d) martensitic heat-activated polymer
10. At body temperature, TC-85 recovers about:
- a) 50% of its deformation in the first minute
 - b) 90% of its deformation within 10 minutes
 - c) 100% of its deformation within 20 minutes
 - d) both a and b
11. With direct-printed aligners, an intrusive force can be applied to the posterior teeth by:
- a) increasing the aligner thickness on the posterior occlusal surfaces
 - b) incorporating an anterior bite ramp
 - c) attaching solid bite wings to the buccal sides of the aligners
 - d) placing divots inside the aligners
12. Inaccuracies of as much as 56% in planned orthodontic movements with aligners can be attributed to:
- a) the stiffness of the aligner material

- b) a poor fit
- c) improper placement of attachments
- d) inability to control torque

Article 4

Kim, S.H.; Choi, J.Y.; Chung, K.R.; and Nelson, G.: *A Modified C-Implant for Simpler and More Efficient Treatment* (pp. 469-477)

13. To enable partial osseointegration, the original C-implant was designed with:
- a) a removable head
 - b) a sandblasted, large-grit, acid-etched surface treatment
 - c) a modified cylindrical body
 - d) small notches in the screw spirals
14. Drawbacks of the C-implant include all of the following except:
- a) lack of stability
 - b) complexity of insertion and removal
 - c) relatively large size
 - d) need for pilot drilling
15. The MC-implant avoids soft-tissue irritation because of its:
- a) smaller screw spirals
 - b) one-piece design
 - c) rounded head
 - d) offset hole
16. Inclined insertion of the MC-implant is recommended to:
- a) increase resistance to unscrewing forces
 - b) promote osseointegration
 - c) avoid damage to adjacent roots
 - d) both a and c