

# CONTINUING EDUCATION

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## Learning Objectives

After completion of this exercise, the participant will be able to:

1. Prescribe the Invisalign First protocol for Phase I treatment in the mixed dentition.
2. Diagnose and manage a case involving a compound odontoma and an impacted canine.
3. Describe a palatally anchored system for retention of surgically assisted rapid palatal expansion and simultaneous molar distalization.
4. Use a digital design process to customize a metal-printed rapid palatal expander for attachment of a canine de-impaction spring.

## Article 1

Buonocore, G.: *Clear Aligner Therapy in Children: Case Reports of Phase I Treatment* (pp. 87-100)

1. Early preventive and interceptive treatment may involve any of the following components except:
  - a) orthopedic correction
  - b) muscle-function adjustment
  - c) molar distalization
  - d) monitoring of permanent-tooth eruption
2. The author evaluated differences between pre- and post-treatment interdental widths using:
  - a) OrthoCAD software
  - b) Rhinoceros software
  - c) Appliance Design software
  - d) 3D Slicer software
3. A functional malocclusion can be distinguished from a skeletal or dental malocclusion by diagnosis of a:
  - a) condylar displacement
  - b) mandibular shift
  - c) tongue-thrust habit

- d) vertical deficiency
4. In Phase I treatment of an open-bite patient, the vertical skeletal relationship can be controlled in the ClinCheck plan by:
    - a) avoiding extrusion of the first molars during expansion
    - b) adding occlusal attachments on the lower molars
    - c) increasing the thickness of the aligners
    - d) both a and b

## Article 2

Kumar, M.; Goyal, M.; Kaur, A.; Jain, A.D.; and Maheshwari, A.: *Orthodontic Management after Unilateral Extraction of a Compound Odontoma and an Impacted Canine* (pp. 101-109)

5. Radiologically, a compound odontoma will appear as:
  - a) an odontogenic neoplasia
  - b) a radiotransparent halo with radiodense zones representing small denticles
  - c) an irregular mass with no resemblance to tooth structures
  - d) a well-circumscribed radiolucency resembling a dentigerous cyst
6. Sixty-one percent of compound odontomas occur in the:
  - a) anterior maxillary arch
  - b) anterior mandibular arch
  - c) posterior maxillary arch
  - d) posterior mandibular arch
7. In addition to the removal of a compound odontoma and impacted canine, this case involved extraction of:
  - a) all four first premolars

- b) the upper first and lower second premolars
  - c) both lower first premolars and one upper first premolar
  - d) a single lower first premolar
8. If the crown of an impacted canine lies mesial to the mesial height of contour of the adjacent lateral incisor crown and root, then the:
- a) canine is considered to be in sector II
  - b) canine is a good candidate for transplantation
  - c) prognosis for traction is unfavorable
  - d) prognosis for traction is favorable

**Article 3**

Okuhashi, S.; Papademetriou, M.; Tai, K.; and Park, J.H.: *Anchor-Lock System Double-Y for Post-SARPE Retention and Simultaneous Molar Distalization* (pp. 110-118)

9. The use of rapid palatal expansion after the pubertal growth peak results in:
- a) more orthopedic than dental expansion
  - b) more dental than skeletal expansion
  - c) buccal tipping of the molars
  - d) both b and c
10. Surgically assisted rapid palatal expansion (SARPE) has become the primary method of treatment for adults who require more than:
- a) 2mm of maxillary expansion
  - b) 5mm of maxillary expansion
  - c) 10mm of maxillary expansion
  - d) 60% skeletal expansion
11. The Anchor-Lock System Double-Y (ALSD-Y) is anchored by:
- a) two palatal miniscrews
  - b) two buccal miniscrews
  - c) four palatal miniscrews
  - d) two buccal and two palatal miniscrews
12. Placement of the ALS-D-Y immediately after SARPE allows:

- a) molar distalization or protraction to be initiated without delay
- b) maxillary expansion to be continued
- c) a Le Fort I segmental osteotomy to be carried out
- d) all of the above

**Article 4**

Luzi, C.; Szabò, E.; and Carletti, P.: *CAD/CAM Sheath for Attaching a Cantilever Spring to a Metal-Printed Rapid Palatal Expander* (pp. 119-120)

13. In the first step of this technique, a 10mm expansion screw is positioned on the patient's virtual model using:
- a) OrthoCAD software
  - b) Rhinoceros software
  - c) Appliance Design software
  - d) 3D Slicer software
14. The dimensions of the rectangular lingual sheath attached to the expander are:
- a) .012" × .016"
  - b) .018" × .025"
  - c) .025" × .036"
  - d) .036" × .072"
15. To reduce the load/deflection rate and force magnitude of the de-impaction spring:
- a) a smaller cantilever wire can be used
  - b) an intermediate single or double loop can be bent into the cantilever
  - c) a ligature wire can be connected to the impacted canine
  - d) the expansion screw can be reactivated
16. The cantilever wire cannot be metal-printed because it:
- a) must be flexible
  - b) must be stainless steel
  - c) is not digitally designed
  - d) must be removed for reactivation