

CONTINUING EDUCATION

The University of Southern California School of Dentistry Orthodontic Alumni Association will award 3 hours of Continuing Education credit for reading this issue of JCO and answering at least 12 of the following 16 questions correctly. Take this test online at www.jco-online.com (click on Continuing Education); payment of \$25 is required by VISA or MasterCard. The test may be retaken once if not passed on the first attempt. Correct answers will be supplied immediately, along with a printable certificate. Tests will be accessible on the JCO website for 12 months after publication. A subscription to JCO is not required to earn C.E. credits. For information, contact Dr. Robert Keim, (213) 740-0410; e-mail: editor@jco-online.com. CER No. 08-2006-12010.

Learning Objectives

After completion of this exercise, the participant will be able to:

1. Describe variations of a palatal expander anchored with miniscrews.
2. Evaluate a molar-distalization protocol that requires no use of skeletal anchorage or interarch appliances.
3. Fabricate a canine-eruption system using a light superelastic wire segment.
4. Discuss the effects of miniscrew-anchored pontics on bone biology in growing patients.

Article 1

Kim, K.B. and Helmkamp, M.E.: *Miniscrew Implant-Supported Rapid Maxillary Expansion* (pp. 608-612)

1. A pilot study found that a surgically assisted, bone-anchored rapid palatal expander (RPE):
 - a) was associated with a higher incidence of root resorption
 - b) produced 6-9° more alveolar tipping than dental tipping
 - c) produced 6-9° more dental tipping than alveolar tipping
 - d) produced 50% dental expansion and 50% skeletal expansion
2. To prevent palatal crown tipping, the authors' miniscrew-supported RPE:
 - a) incorporates acrylic crowns on the upper premolars and first molars
 - b) includes bonded buccal wire segments for anchorage
 - c) includes arms or acrylic extending to the

lingual of the premolars and first molars

- d) is activated only one-half turn per day
3. The acrylic-plate variation of the authors' appliance is particularly useful:
 - a) in cases requiring anchorage with only one palatal miniscrew
 - b) in patients with very narrow palates or high palatal vaults
 - c) when some palatal crown tipping is desirable
 - d) both b and c
 4. Advantages of the miniscrew implant-supported RPE include:
 - a) increased skeletal expansion and reduced dental tipping
 - b) usefulness in patients with missing molars
 - c) ability to be used with a fully bonded upper arch during leveling and alignment
 - d) all of the above

Article 2

Catalfamo, L.; Gasperoni, E.; Celli, D.; and Deli, R.: *Class II Treatment with the Smart Distalization Technique* (pp. 613-624)

5. The authors' distalization technique uses all of the following except:
 - a) low-friction ligatures
 - b) Class II elastics
 - c) a Pendulum appliance
 - d) superelastic nickel titanium loops
6. According to Graber, distalization of the posterior dentition is most effective in a patient:
 - a) who has completed growth
 - b) with a significant overjet
 - c) with a significant overbite

CONTINUING EDUCATION

This document is for reference only. CE tests must be taken online at www.jco-online.com.
No subscription is required to take CE tests, but each test taker must have a separate online account.

- d) in the late mixed dentition
- 7. Placing omega loops flush against the upper first-molar tubes after distalization:
 - a) maintains molar positions without headgear
 - b) avoids the necessity for Class II elastic wear
 - c) lengthens treatment time by several months
 - d) reinforces anchorage of the upper anterior segment
- 8. In Case 1, a successful Class II correction was achieved due to:
 - a) growth of the mandible
 - b) growth of the maxilla
 - c) mesial movement of the maxillary molars after distalization
 - d) both a and c

Article 3

Gracco, A.; Maltoni, I.; Maltoni, M.; and Zoli, L.: *Eruption of a Labially Impacted Canine Using a Closed-Flap Technique and Orthodontic Wire Traction* (pp. 625-630)

- 9. Apical repositioning of a full-thickness flap after surgical exposure of an impacted canine high in the alveolus:
 - a) negatively affects the clinical outcome
 - b) positively affects the clinical outcome
 - c) negatively affects the esthetic outcome
 - d) positively affects the esthetic outcome
- 10. Drawbacks to using a ligature wire or elastic chain for canine traction include all of the following except:
 - a) poor tissue healing
 - b) need for frequent reactivation
 - c) potential for wire or chain fracture
 - d) possible displacement of adjacent teeth
- 11. In this patient, direct orthodontic traction using a light, round wire segment:
 - a) avoided the need for repositioning of the bonded minitube
 - b) prevented closure of the canine space during traction
 - c) pulled the impacted canine crown in a lingual direction
 - d) pulled the impacted canine crown in a buccal direction
- 12. After surgical exposure of a labially impacted

canine in a favorable vertical position, orthodontic traction:

- a) should not be applied in a young patient
- b) should not be applied in a patient of any age
- c) should be immediately applied in a young patient
- d) should be immediately applied in a patient of any age

Article 4

Ciarlantini, R. and Melsen, B.: *Miniscrew-Retained Pontics in Growing Patients: A Biological Approach* (pp. 638-640)

- 13. The authors recommend temporary replacement of a missing anterior tooth in a growing patient using a pontic:
 - a) anchored with a temporary implant in the palatal suture
 - b) anchored with a temporary implant on the alveolar ridge
 - c) anchored with a temporary implant in the palatal slope
 - d) incorporated in a removable plate
- 14. Research by Thilander and colleagues shows that a temporary implant inserted in the alveolar ridge before the cessation of growth:
 - a) negatively affects the microbiological spectrum and palatal mucosa
 - b) impedes vertical bone development
 - c) enhances vertical bone development
 - d) has no effect on vertical bone development
- 15. Within the first month after insertion, a temporary orthodontic implant develops:
 - a) 10-30% bone-to-implant contact
 - b) 25-50% bone-to-implant contact
 - c) 40-60% bone-to-implant contact
 - d) 60-80% bone-to-implant contact
- 16. Biting forces may have little effect on the pontic system because:
 - a) the miniscrew's presence enhances the density of surrounding bone
 - b) the slight elasticity of the sectional wire prevents overloading
 - c) mastication generates only a minor tipping moment
 - d) all of the above