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Fabricating an Interproximal Strip Holder

We present here a simple and economical way of fabricating an interproximal strip holder from routine lab materials.

1. Form two closed loops, about 5mm apart, in a length of .032" or .036" stainless steel wire (A).

2. Form another closed loop approximately 25mm from the second loop (B).

3. Bend a handle to complete the frame (C).

4. Secure the interproximal strip by inserting it through the closed loops (D). The strip holder is then ready to use (E).

A double-sided strip has slightly better retention than a single-sided strip because of its thickness. The strip usually remains taut unless the loops have been placed too far apart.















