## **OPERRISO**

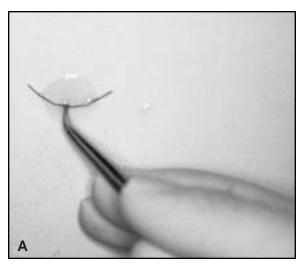
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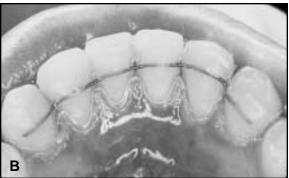
## Bonding a Mandibular Lingual Retainer

here are many ways to hold a mandibular lingual retainer in place for bonding, including dental floss, ligature wires, and impression material. The following method is simple and fast.

- 1. Adapt the retainer wire to the patient's mandibular cast.
- 2. Prepare the lingual surfaces of the teeth for bonding.
- 3. Wet the tooth surfaces with unfilled light-cured resin.
- 4. Coat the retainer wire with the same unfilled resin (A) and place it on the teeth. The surface tension of the adhesive will hold the wire in place.
- 5. Light-cure the resin briefly to tack the retainer more securely.
- 6. Add filled light-cured resin to each tooth surface, adapting it with a cotton pellet that has been soaked in unfilled resin.
- 7. Light-cure the retainer for a final set of the filled adhesive (B).

Tacking the wire with unfilled resin permits easy placement of the filled resin without any movement of the retainer.









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